

JOIN US

OUR EVENTS



GHANA FOOD MOVEMENT

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@GHANAFOODMOVEMENT

GFM is an empowering grassroots network of innovative and sustainable driven talents in the food and agro space. From farmers and chefs to scientists and entrepreneurs, all highlighting the potential and value of Ghanaian food.

If we unite under one umbrella, we can move louder and faster! Go that's why we build this network, and show that exciting and impactful stuff is happening around food in Ghana!

Our events are a perfect example of celebrating these talents and exciting developments. We have something for all budgets and all levels of interest.



MOVERS' CONNECT

Are you seriously interested in (the future of) Ghanaian food. Want to meet other innovative farmers, entrepreneurs, chefs, producers and other stakeholders in Ghana's food space? Then Movers Connect is the event for you! Bigger food system topics, that touch on our local economies, waste, biodiversity or preservation of our food culture, are being discussed and new collaborations forged. There is a small market space and some free snacks. The turn up at these events is big, bold and diverse! And that's how we like it! It's free of cost, making sure everyone can participate!

FREE



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DINE & DANCE

Promoting Ghanaian ingredients can be super casual and entertaining! Just come to dine and dance with us at Mama Cuisine. Every 2 months a different young Ghanaian culinary talent gets to test out new dishes. S/he serves an affordable 3 course meal highlighting one Ghanaian ingredient, in all dishes! Tigernut, cocoa and millet have all been headliners at our dinners, creating some seriously exciting modern Ghanaian recipes. And then...we dance – all night long!



FOOD SAFARIS

These food trips are a deep dive into Ghanaian food culture, highlighting one topic at the time; Mango, spices or the fishing industry. A fun and informative day out for food lovers, curious travellers and food professionals. We visit farms, nature and cultural events. We engage with farmers, entrepreneurs, scientists and other food experts.

We enjoy traditional and modern Ghanaian dishes from local chefs. We, GFM and our partner Jolinaiko Eco Tours, see food tourism as a great way to support local food actors, economies and ecosystems, preserve culinary heritage and celebrate food innovation.



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